

Art Therapy Group For Adolescents Exposed to Conjugal Violence

A 6 week art making group that offers participants the opportunity to discover art making as a self expressive tool, especially invaluable as they process emotionally difficult experiences of being exposed to violence. The group will be presented as a non-judgmental space with no pressure to verbally share.

It is **not necessary to have artistic skills** to participate.



~ **promote self esteem**

~ **normalize their shared experiences in a safe setting**

~ **learn new coping skills**

~ **encourage positive personal growth**

~ **practice assertiveness and social skills**

Where: Shield of Athena Family Services

Montreal Office (Parc extension)

For further information and registration, please contact

Lindsay Clarke, MCAT

(514) 336-7250

Language: All languages welcome (French, English)

Time: 1.5 hour session, once a week, for 6 weeks this summer.
Dates will be determined based on participant's availability.

***Please contact Lindsay Clarke to register before June 14, 2014**