Montreal, April 1st, 2010

Dear Friend,

A woman's body serves as the soil from which all of humanity takes root. When we value and invest in the physical and mental health of women, we enrich this earth for all humans and for the planet itself.

A mother's well being will leave an indelible trace on a child's health, on the quality of interaction he will have with others and on the parent he or she might become.

Any act of violence committed against women is an act of disrespect and hatred towards the womb of mankind. All of us parents and adults are responsible for leading by example and need to teach our children how to trust and find love in this world.

When women and children are victims of domestic abuse, this crucial legacy is compromised and so is our future.

You and I can make a change with the political, economical and social choices we make. Your generosity can make a difference in the lives of women and children who, like every one of us, deserve to be free and to live a life without violence.

For the past 19 years, the Shield of Athena Family Services has been dedicated to providing a network of services to women, communities and children to ensure that the cycle of violence is not repeated.

With your compassion, love and will, we will make this society a better place to live for everyone. This is what all Canadians deserve. Be generous!

Sophie Grégoire-Trudeau



Membership Drive 2010 Chairperson



2008-2009 by the numbers

External Offices

- · 425 women & children received services last year
- \cdot 48% of our clients were referred by CLSCs, hospitals and community centers
- \cdot 41% of our cases represent monoparental families headed by single mothers

Athena's House

- \cdot 77 women & 44 children received shelter last year
- The youngest was a newborn baby and the oldest was a 16 year old boy

Ongoing Public Awareness Campaign on family violence

- · Info sessions were given in 8 communities and 3 community organizations in 7 languages
- \cdot A total of 253 people attended the information sessions

Public Awareness Campaign on Sexual Abuse

- · Our multilingual PSA on sexual abuse was broadcast on CJNT Montreal, CFMB Radio and Radio Centre-Ville
- · Our booklet on sexual abuse is now available in 15 languages and in Braille

A total of 16,494 people benefitted from our activities & services

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MAILCAMPAIGN 2010-2011 (April 1, 2010 – March 31, 2011) SHIELD OF ATHENA P.O. Box 25 Town of Mount-Royal, QUEBEC H3P 3B8 PLEASE COMPLETE THIS FORM AND RETURN IT WITH YOUR CHEQUE, IF APPLICABLE.

bouclierdathena@bellnet.ca www.shieldofathena.com

Name			Telephone		
Address			Postal Code		
Yes, I would like to	support the Shield of	Athena by making a dona	tion of:		
□ \$30 Member	\square \$50 Friend	\square \$100 Supporter	\square \$500 Patron	\square \$1,000 Benefactor	
\square I prefer to give \$ \square Please keep my name anonymous					
Payment by: \Box Vis	a 🗆 MasterCard 🗆	Cheque (make your chequ	e payable to the Shield o	f Athena Family Services)	
Credit Card No		Expiry Date			
Signature			Date		